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Ski Technique (AUDIOTOPICS)



Synopsis

Ski Technique is a 2-CD audio interview program with a top rated PSIA ski instructor produced in an easy-to-listen radio talk-show style, perfect for listening while on the road to the mountains. This program covers all the aspects of contemporary ski instruction and technique. Great tips for all levels of skiers. Pump up your "inner skier" while you are on the road. Focuses mostly on intermediate and advanced technique improvement. But lots of great info for the beginner to hear and look forward to incorporating as they improve. Topics include: fundamentals of ski technique, analyzing the parallel turn, adapting for varying conditions, adapting for terrain, skiing powder, skiing moguls, and much more.

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